

the No1 training academy LTD

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@ Hair & Beauty By Claire



HAIRDRESSERS, NAIL TECHNICIANS & BEAUTY THERAPTS

TRAINING COURSES

*"Dream, Believe,
Achieve, Succeed:
Your Future is
Our Passion" – Claire H*



The No.1 Training Academy Courses are accredited by
BABTAC and THE GUILD OF BEAUTY THERAPISTS



theguild
of Beauty Therapists

BASIC MAKE UP APPLICATION DIPLOMA

£150.00

DURATION: 1 day

THEORY: 6 hours combined **PRACTICAL:** 6 hours combined

ADDITIONAL INFORMATION:

Full make up kit required and manikin. Model required for assessment.
½ hour lunch

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair

COURSE DESCRIPTION:

Our one day intense basic make up application course is aimed at beginners through to professional beauty therapists. This course will provide you with skills and theory knowledge needed to provide a professional service to your clients. Our team of highly qualified teaching staff will be at hand to guide you through this course to help you achieve your 'Diploma'.

COURSE UNITS:

- Health and Safety
- Legislation
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and procedure
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of makeup application, followed by a step by step description of how they achieved their finished service
- Multiple Choice Test

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4 DAY ACRYLIC, GEL TIPS & GEL POLISH APPLICATION DIPLOMA

£500.00

DURATION: 4 days

THEORY: 24 hours combined **PRACTICAL:** 24 hours combined

ADDITIONAL INFORMATION:

Four day intense theory and practical course. Followed up Practical assessment 4 weeks later, students to provide portfolio of evidence *e.g. photos, witness testimony*.

EXPERIENCE LEVEL REQUIRED:

Level 2 Beauty Therapy NVQ, or our Basic manicure diploma

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our four day intense nail extension/gel polish course is aimed at nail technicians or therapists with a manicure Diploma or level 2 NVQ. This course will provide you with theory and practical skills required to provide your clients with the perfect set of nail extensions or gel polish application. A follow up assessment will be organised 4 weeks later by our team of qualified teachers, to ensure you have acquired the necessary skills with confidence.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and Procedure
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of providing nail extensions and gel polish services. Followed by a step by step description of how they achieved their finished treatment.
- Knowledge questions

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EYEBROW SHAPING DIPLOMA

£165.00

DURATION: 6.5 hours

THEORY: 2 hours combined **PRACTICAL:** 4 hours combined

ADDITIONAL INFORMATION:

Full warm waxing kit, anti-bacterial thread and tweezers. Model required for assessment. ½ hour lunch break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense eyebrow shaping course will cover all aspects of waxing, threading and tweezing to provide your clients with bespoke brows. Our team of qualified teachers will be on hand to guide and advise you throughout the course.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation and disinfection methods
- Client Preparation and salon environment and personal presentation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Basic Hair Science
- Treating Clients/Minors
- Treatment Technique
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of eyebrow shaping using waxing and threading techniques incorporating tweezing where necessary. Followed by a step by step description of how they achieved their finished service
- Multiple Choice Test

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1 DAY GEL TIPS APPLICATION DIPLOMA

£250.00

DURATION: 1 day

THEORY: 1.5 hours combined **PRACTICAL:** 4.5 hours combined

ADDITIONAL INFORMATION:

One day intense theory and practical course. Follow up Practical assessment 4 weeks later, students to provide portfolio of evidence *e.g. photos, witness testimony.*

EXPERIENCE LEVEL REQUIRED:

Level 2 Beauty Therapy NVQ, or our Basic manicure diploma

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair

COURSE DESCRIPTION:

Our one day intense nail extension course is aimed at nail technicians or therapists with a manicure Diploma or level 2 NVQ. This course will provide you with theory and practical skills required to provide your clients with the perfect set of nail extensions. A follow up assessment will be organised 4 weeks later by our team of qualified teachers, to ensure you have acquired the necessary skills with confidence.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and Procedure
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of providing nail extensions. Followed by a step by step description of how they achieved their finished treatment.
- Knowledge questions

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CREATIVE HAIR UP DIPLOMA

£130.00

DURATION: 6.5 hours

THEORY: 3 hours combined **PRACTICAL:** 3 hours combined

ADDITIONAL INFORMATION:

Full hairdressing kit required and manikin. Model required for assessment

EXPERIENCE LEVEL REQUIRED:

Must have NVQ Level 2 Hairdressing, or have completed our Foundation Hair Up and Styling one day intense course. This training course will commence at 10:00 until 16:30, allowing half an hour lunch break.

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense Creative Hair Up course follows on from your Foundation Hair Up & Styling course or NVQ Level 2 hairdressing. Having already acquired the basic skills in the following methods; blow-drying techniques, plaiting, roller setting, hair up, vertical and horizontal rolls, this course will enable you to build on your creativity and push the boundaries in creating that special unique style demonstrating to your clients' your creativity. Upon completion of this course, you will be able to create your very own bespoke styles with the added extras of hair accessories, venturing into the world of add in hair pieces. You will not only gain extra confidence in your chosen specialist area but knowledge and the expertise to further your successful hairdressing career.

Our team of qualified teachers will be at hand to guide you in obtaining your Creative Hair Up course. This will in turn provide you with the knowledge and skills required in this ever growing industry.

COURSE UNITS:

- Health and Safety
- Following correct Health & Safety procedure for each service
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Contra-indications/Contra-actions
- Tools, Products & Equipment
- Consultation process
- Professionalism
- Basic Hair Science
- Treatment Technique and Hair Procedure
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of styles learnt on their chosen model, followed by a step by step description of how they achieved their Creative Hair Up styles
- Aftercare and Home Care Advice
- Multiple Choice Test

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ENHANCE THE APPEARANCE OF EYEBROWS & EYELASHES DIPLOMA

£175.00

DURATION: 4.5 hours

THEORY: 4.5 hours combined **PRACTICAL:** 4.5 hours combined

ADDITIONAL INFORMATION:

Model required for assessment, patch test required 24 hours prior to course, ½ hour break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense Enhance the Appearance of Eyebrows and Eyelashes course is aimed at beginners through to professional beauty therapists. This course will provide you with skills and theory knowledge needed to provide a professional service to your clients. Our team of highly qualified teaching staff will be at hand to guide you through this course to help you achieve your 'Diploma'.

COURSE UNITS:

- Health and Safety
- Legislation
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and Hair Procedure
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence, followed by a step by step description of how they achieved their finished service on eyelashes and eyebrows.
- Multiple Choice Test

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1 DAY GEL POLISH APPLICATION DIPLOMA

£180.00

DURATION: 1 day

THEORY: 1.5 hours combined **PRACTICAL:** 4.5 hours combined

ADDITIONAL INFORMATION:

One day intense theory and practical course. Followed up Practical assessment 4 weeks later, students to provide portfolio of evidence *e.g. photos, witness testimony.*

EXPERIENCE LEVEL REQUIRED:

Level 2 Beauty Therapy NVQ, or our Basic manicure diploma

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair

COURSE DESCRIPTION:

Our One day intense gel polish course is aimed at nail technicians or therapists with a manicure Diploma or level 2 NVQ. This course will provide you with theory and practical skills required to provide your clients with the perfect set of gel polish nails.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and Procedure
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of providing nail extensions and gel polish services. Followed by a step by step description of how the achieved their finished treatment.
- Knowledge questions

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FOUNDATION HAIR UP AND STYLING DIPLOMA

£100.00

DURATION: 1 day

THEORY: 3 hours combined **PRACTICAL:** 3 hours combined

ADDITIONAL INFORMATION:

Full hairdressing kit required and manikin. Model required for assessment

EXPERIENCE LEVEL REQUIRED:

Must have NVQ Level 2 Hairdressing, or have completed our Foundation Hair Up and Styling one day intense course. This training course will commence at 10:00 until 16:30, allowing half an hour lunch break.

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense Creative Hair Up course follows on from your Foundation Hair Up & Styling course or NVQ Level 2 hairdressing. Having already acquired the basic skills in the following methods; blow-drying techniques, plaiting, roller setting, hair up, vertical and horizontal rolls, this course will enable you to build on your creativity and push the boundaries in creating that special unique style demonstrating to your clients' your creativity. Upon completion of this course, you will be able to create your very own bespoke styles with the added extras of hair accessories, venturing into the world of add in hair pieces.

You will not only gain extra confidence in your chosen specialist area but knowledge and the expertise to further your successful hairdressing career. Our team of qualified teachers will be at hand to guide you in obtaining your Creative Hair Up course. This will in turn provide you with the knowledge and skills required in this ever growing industry.

COURSE UNITS:

- Health and Safety
- Following correct Health & Safety procedure for each service
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Contra-indications/Contra-actions
- Tools, Products & Equipment
- Consultation process
- Professionalism
- Basic Hair Science
- Treatment Technique and Hair Procedure
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of styles learnt on their chosen model, followed by a step by step description of how they achieved their Creative Hair Up styles
- Aftercare and Home Care Advice
- Multiple Choice Test

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PROVIDING MANICURE DIPLOMA

£200.00 + vat

DURATION: 1 day

THEORY: 6 hours combined **PRACTICAL:** 6 hours combined

ADDITIONAL INFORMATION:

One day intense theory and practical course. Follow up Practical assessment work 4 weeks later, students to provide portfolio of evidence *e.g. photos, witness testimony.*

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense manicure course is aimed at beginners through to professional beauty therapists. This course will provide you with theory and practical skills required to provide your clients with the perfect manicure. A follow up assessment will be organised 4 weeks later by our team of qualified teachers, to ensure you have acquired the necessary skills with confidence.

COURSE UNITS:

- Health and Safety
- Legislation
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and Procedure
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of providing Manicure services. Followed by a step by step description of how the achieved their finished service.
- Multiple Choice Test

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PEDICURE DIPLOMA

£200.00

DURATION: 6.5 hours

THEORY: 6 hours combined **PRACTICAL:** 6 hours combined

ADDITIONAL INFORMATION:

Model required, ½ hour lunch break. Return assessment 4 weeks after first course date model required, learner to demonstrate treatment in an acceptable time and standard.

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair

COURSE DESCRIPTION:

Our one day intense pedicure course is aimed at beginners through to professional beauty therapists. This course will provide you with skills and theory knowledge needed to provide a professional service to your clients. A follow up assessment will need to be completed after 4 weeks to ensure you have gained sufficient knowledge and skills. Our team of highly qualified teaching staff will be at hand to guide you through this course to help you achieve your 'Diploma'.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Skin and Nail Science
- Treatment Technique and Procedure
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of a pedicure treatment
- Knowledge questions

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SPRAY-TAN & SELF TAN APPLICATION DIPLOMA

£100.00

DURATION: 3.5 hours

THEORY: 1.5 hours combined **PRACTICAL:** 1.5 hours combined

ADDITIONAL INFORMATION:

Model required for assessment, ½ hour break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense Providing Spray-Tan and Self Tan Services, is aimed at beginners through to professional beauty therapists. This course will provide you with the information and skills required to provide your clients with the perfect tan. Our team of qualified teachers will be at hand to guide you through both practical and theory work to gain your 'Spray-Tan & Self Tan Application Diploma'.

COURSE UNITS:

- Health and Safety
- Following correct Health & Safety procedure for each service
- Data Protection Act
- Disinfection & Sterilisation
- Treating minors
- Client Preparation and Preparation of treatment area
- Skin and its functions
- Consultation process
- Equipment and Materials
- Contra-indications/Contra-actions
- Treatment Technique
- Commercially acceptable treatment times
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of providing tanning services, followed by a step by step description of how they achieved their finished service.
- Multiple Choice Test

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CONTOURING SPRAY TAN & MAKE UP APPLICATION DIPLOMA

£80.00

DURATION: 2 hours

THEORY: 3 hours combined **PRACTICAL:** 3 hours combined

ADDITIONAL INFORMATION:

Full makeup kit required. Model required for assessment. ½ hour lunch break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense basic make up application course is aimed at beginners through to professional beauty therapists. This course will provide you with skills and theory knowledge needed to provide a professional service to your clients. Our team of highly qualified teaching staff will be at hand to guide you through this course to help you achieve your 'Diploma'.

COURSE UNITS:

- Health and Safety
- Legislation
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and procedure
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of makeup application, followed by a step by step description of how they achieved their finished service
- Multiple Choice Test

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THREADING DIPLOMA

£100.00

DURATION: 1 day

THEORY: 1 hour combined **PRACTICAL:** 3 hours combined

ADDITIONAL INFORMATION:

Model required for assessment, 15 minute break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair

COURSE DESCRIPTION:

Our one day intense threading course which provides you with all the necessary skills required to practice threading. Our team of qualified teachers will be on hand to guide and advise you throughout the course.

COURSE UNITS:

- Benefits and understanding to Threading
- Brow Shapes
- Diagram of Brow Shapes
- Importance of being qualified in Eyebrow Threading
- Procedure
- Health and Safety
- Sterilisation methods
- Consultation process
- Contra-indications to Threading
- Contra-actions
- Anatomy and physiology
- Aftercare and Home Care Advice
- Methods of assessment
- CASE STUDIES - Carry out practical of knowledge gained throughout the course to demonstrate competence of threading techniques

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WARM WAXING APPLICATION DIPLOMA

£199.00

DURATION: 6.5 hours

THEORY: 2 hours combined **PRACTICAL:** 4 hours combined

ADDITIONAL INFORMATION:

Full warm waxing kit. Model required for assessment

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense warm waxing course using pot and spatula is ideal for beginners through to professional therapists looking to update their skills. The areas of the body which this course covers are legs, bikini, underarm, eyebrow, upper lip, chin, face, toes, and belly button. Warm waxing is one of the most popular salon treatments you can offer as clients are likely to return every four to six weeks throughout the year; this will in turn provide you with a regular income whether for yourself or to achieve salon targets. Our team of qualified teachers will be at hand to guide you through both practical and theory work to gain your 'Warm Waxing Diploma'.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation methods
- Client Preparation and salon environment
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Personal Hygiene
- Basic Hair Science
- Treating Clients/Minors
- Treatment Technique
- Commercially acceptable treatment times
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of waxing services, followed by a step by step description of how they achieved their finished service
- Multiple Choice Test

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10 WEEK BASIC HAIRDRESSING DIPLOMA

£1000.00

DURATION: 1 day per week for 10 weeks, 6 hours per selected day

(Maybe completed over 6 weeks depending on salon experience)

THEORY: Combined **PRACTICAL:** Combined

ADDITIONAL INFORMATION:

Full hairdressing kit required and manikin. Models required for assessments. ½ hour lunch break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our 10 weeks basic hairdressing course covers 5 individual units. Unit 1- Health & Safety, Unit 2 Shampoo & Conditioner, Unit 3 Blow-drying Techniques, Unit 4 Contribute to the development of effective relationships and Unit 5 Prepare for hair services and maintain work areas. These units are designed to give an insight to the hairdressing industry. Upon completion of this course, you will have gained the transferable skills required to progress onto our intermediate courses.

COURSE UNITS (UNIT 1, 2, 3, 4, 5 COMBINED THROUGHOUT):

- Health and Safety – Unit 1, 2, 3, 4, 5
- Make sure your own actions reduce risks to health and safety
- Following correct Health & Safety procedure for each hairdressing service
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process Client requirements
- Contra-indications/Contra-actions
- Professionalism
- Basic Hair Science
- Tools, Products & Equipment
- Treatment Technique and Hair Procedure
- Followed by practical session by the learner of the two units; Unit 2 and Unit 3, incorporating the following units throughout Unit 1, Unit 4 and Unit 5. Consultation and photographic evidence will be completed to help build a portfolio
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of basic hairdressing skills, competence of effective communication and the importance of professionalism
- Multiple Choice Test (attached for all units)

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COURSES

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10 WEEK BEAUTY DIPLOMA includes FREE St Tropez course

£1,000.00

DURATION: 10 weeks

THEORY: 15 hours **PRACTICAL:** 45 hours

PRICE INCLUDES:

FREE St Tropez course

COURSE CONTENT:

- Manicure
- Pedicure
- Basic facial
- Warm waxing application
- Enhance the appearance of eyebrows and eyelashes
- Application of false eyelash extensions

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BASIC ACRYLIC EXTENSIONS APPLICATION DIPLOMA

£250.00

DURATION: 1 day

THEORY: 1.5 hours combined **PRACTICAL:** 4.5 hours combined

ADDITIONAL INFORMATION:

One day intense theory and practical course. Follow up Practical assessment 4 weeks later, students to provide portfolio of evidence *e.g. photos, witness testimony.*

EXPERIENCE LEVEL REQUIRED:

Level 2 Beauty Therapy NVQ, or our Basic manicure diploma

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair

COURSE DESCRIPTION:

Our one day intense nail extension course is aimed at nail technicians or therapists with a manicure Diploma or level 2 NVQ. This course will provide you with theory and practical skills required to provide your clients with the perfect set of nail extensions. A follow up assessment will be organised 4 weeks later by our team of qualified teachers, to ensure you have acquired the necessary skills with confidence.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Basic Science
- Treatment Technique and Procedure
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of providing nail extensions. Followed by a step by step description of how they achieved their finished treatment.
- Knowledge questions

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BASIC FACIAL DIPLOMA

£155.00

DURATION: 6½ hours

THEORY: 6 hours combined **PRACTICAL:** 6 hours combined

ADDITIONAL INFORMATION:

Full facial product kit required. Model required for assessment. ½ hour lunch break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense basic facial course is aimed at beginners through to professional beauty therapists. This course will provide you with skills and theory knowledge required to provide a professional service to your clients. Our team of highly qualified teaching staff will be at hand to guide you through this course to help you achieve your 'Diploma'.

COURSE UNITS:

- Health and Safety
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Professionalism
- Psychological and physical benefits
- Basic Skin Science
- Treatment Technique and Procedure
- Aftercare Advice
- Methods of assessment
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of facial procedure, followed by a step by step description of how they achieved their finished treatment.
- Multiple Choice Tests

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SPRAY-TAN & SELF TAN APPLICATION DIPLOMA (ST TROPEZ)

£150.00

DURATION: 3.5 hours

THEORY: 1.5 hours combined **PRACTICAL:** 1.5 hours combined

ADDITIONAL INFORMATION:

Model required for assessment, ½ hour break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense Providing Spray-Tan and Self Tan Services, is aimed at beginners through to professional beauty therapists. This course will provide you with the information and skills required to provide your clients with the perfect tan. Our team of qualified teachers will be at hand to guide you through both practical and theory work to gain your 'Spray-Tan & Self Tan Application Diploma'.

COURSE UNITS:

- Health and Safety
- Following correct Health & Safety procedure for each service
- Data Protection Act
- Disinfection & Sterilisation
- Treating minors
- Client Preparation and Preparation of treatment area
- Skin and its functions
- Consultation process
- Equipment and Materials
- Contra-indications/Contra-actions
- Treatment Technique
- Commercially acceptable treatment times
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of providing tanning services, followed by a step by step description of how they achieved their finished service



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LIQUID & POWDER FOUNDATION COURSE

£550.00

DURATION: 4 days + exam day **TIME:** 10.00am – 4.30pm

THE FEE: £550.00 (deposit required £100.00)

PRICE INCLUDES:

An Attraction Training Manual, a comprehensive training kit & a certificate upon successful completion of the course

THE COURSE:

The five day Foundation Course is designed to provide a platform upon which the amateur can develop their skills. The course has been carefully constructed to provide the right mix and knowledge which will enable you to progress in your career as a nail professional. The course is split into 2, two day sessions with a fifth day for your practical assessment.

THE SYSTEM:

The Attraction Acrylic System is truly the most advanced powder and liquid system available, the powder and liquid system available, the powders are a unique blend available in radiant colour options, which offer effortless workability and deliver exceptional strength and flexibility. The attraction liquid is low odour, non-yellowing and designed for easy pickup. The Attraction Acrylic System empowers the user to create captivating enhancements, with its unique flow and spring-back action.

THE REQUIREMENTS:

No experience necessary. Salon wear must be worn; students must have nails free from enhancement as students will practice on each other. A passport sized photograph of yourself, ID required. Students will need a model on day 5.

THE CONTENT:

- Health & safety
- Nail anatomy
- Nail disease/disorders
- Tip Application
- Sculpting Technique
- Powder: liquid ratio
- Product application
- Filing and finishing techniques
- Maintenance procedures
- Repairs
- Salon know how/etiquette/business building
- Enhancement removal
- Nail biters



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UV GEL FOUNDATION COURSE

£600.00

DURATION: 4 days + exam day **TIME:** 10.00am – 4.30pm

THE FEE: £600.00 (deposit required £100.00)

PRICE INCLUDES:

A Balance Training Manual and a comprehensive training kit.

THE COURSE:

The five day Foundation Course is designed to provide a platform upon which the amateur can develop their skills. The course has been carefully constructed to provide the right mix and knowledge which will enable you to progress in your career as a nail professional. The course is split into 2, two day sessions with a fifth day for your practical assessment.

THE SYSTEM:

The Balance UV Gel system incorporates the very latest UV technology creating a system that is versatile, durable, odourless, hypoallergenic and great to wear. It combines a superior no-lift adhesive UV gel foundation, with free flowing, flexible, self levelling builder gels. Balance finish gels complete the system, adding a permanent high gloss finish. If you are intending to work in an environment where odour is an issue, the Balance UV Gel System is the answer for you.

THE REQUIREMENTS:

No experience necessary. Salon wear must be worn, students must have nails free from enhancement as students will practice on each other. A passport sized photograph of yourself id required. Students will need a model on day 5.

THE CONTENT:

- Health & safety
- Nail anatomy
- Nail disease/disorders
- Tip Application
- Sculpting Techniques
- Product application
- Filing and finishing techniques
- Maintenance procedures
- Repairs
- Salon know how/etiquette/business building
- Enhancement removal
- Nail biters



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GEL TO ACRYLIC COURSE

£200.00

DURATION: 2 days **TIME:** 10.00am – 4.30pm

THE FEE: £200.00 (deposit required £75.00)

PRICE INCLUDES:

Upon successful completion, a certificate will be awarded. All products used are provided for the duration of the course.

THE COURSE:

This is a 2 day course for experienced gel users who want to learn acrylic liquid and powder skills using the Attraction Acrylic System. This course will enable you to have practical skills in sculpting and tipping.

THE REQUIREMENTS:

All students must hold an NSI Foundation Certificate or equivalent and have at least 6 months experience with gel. Salon wear must be worn, and long hair tied back. Students are required to bring their own acrylic brush. Natural nails must be worn so students can practise on each other.

THE CONTENT:

- Liquid and powder ratio
- Product application
- Sculpting techniques/for fitting
- Tip application
- Filing and finishing
- Maintenance procedures
- Repairs
- Enhancement removal



UV GEL WORKSHOP

£100.00

DURATION: 1 day **TIME:** 10.00am – 4.00pm

THE FEE: £100.00 (deposit required £35.00)

PRICE INCLUDES:

A certificate of attendance. All products used are provided for the duration of the course.

THE COURSE:

The course will show you how to obtain the very best from your NSI products, troubleshoot common problems and offer help and advice. It is designed for the technician who wishes to advance and refine their skills.

THE REQUIREMENTS:

All students must hold an NSI Foundation Certificate or equivalent and have at least 6 months experience with gel. Salon wear must be worn, and long hair tied back. Students are required to bring their own gel brush. Models will be required from 11.30am (nb: please note models are not guaranteed to have a full set of nails by the end of the session.)

THE CONTENT:

- Health & Safety
- Nail preparation
- Benefits of gel
- Products in the range
- Tip application
- Infill/Backfill
- Filing Techniques
- Product removal
- Reducing Time



ACRYLIC WORKSHOP

£600.00

DURATION: 1 day **TIME:** 10.00am – 4.00pm

THE FEE: £100.00 (deposit required £30.00)

PRICE INCLUDES:

A certificate of attendance. All products used are provided for the duration of the course.

THE COURSE:

The course will show you how to obtain the very best from your NSI products, troubleshoot common problems and offer help and advice. It is designed for the technician who wished to advanced and refine their skills.

THE REQUIREMENTS:

All students must hold an NSI Foundation Certificate or equivalent and have at least 6 months experience with acrylic. Salon wear must be worn, and long hair tied back. Students are required to bring their own acrylic brush. Models will be required from 11.30am (nb: please note models are not guaranteed to have a full set of nails by the end of the session.)

THE CONTENT:

- Health & Safety
- Nail preparation
- Product ratio
- Product pick up
- Product application
- Tip application
- Infill/Backfill
- Filing Techniques
- Product removal
- Reducing Time



MASTER CLASS COURSE

£150.00

DURATION: 1 day **TIME:** 10.00am – 4.00pm

THE FEE: £150.00 (deposit required £75.00)

PRICE INCLUDES:

A certificate of attendance. An Attraction sampler kit will be provided for use on the day.

THE COURSE:

This course is designed for experienced nail technicians who are looking to improve their skills and produce competition standard nails. The course covers all aspects of the product application and finishing techniques required for competition. Available to nail technicians who are happy with their salon nail skills but want to push their boundaries and compete with confidence.

THE REQUIREMENTS:

A minimum 2 years nail experience, be confident and have a high standard. Salon wear must be worn, hair should be tied back and nails must be natural with no polish or enhancements. A model with long nail beds, no damaged to the natural nail, nails free from enhancements. Please bring your own brush (minimum No 8 Kolinsky), tools and implements.

THE CONTENT:

- Deep smile lines
- Crisp definition between pink and white
- Finishing to perfection
- What the judges look for
- C curves and apexes
- Disappearing tips/perfectly placed forms



BASIC CUTTING TECHNIQUES DIPLOMA

£250.00

DURATION: 8 hours

THEORY: 3.5 hours combined **PRACTICAL:** 3.5 hours combined

ADDITIONAL INFORMATION:

Full hairdressing kit required and manikin. Model required for assessment.
1 hour lunch

EXPERIENCE LEVEL REQUIRED:

Level 1 NVQ Hairdressing or our 10 week Taster Hairdressing course completion. This training course will commence at 10:00 until 18:00

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of make-up and neat tidy hair

COURSE DESCRIPTION:

Our one day intense Basic Cutting Techniques course is aimed at Level 1, or suitably equivalent learners, also for those looking to refresh their knowledge and gain extra confidence. The course will cover haircuts and demonstrations including detailed guidance and tuition on all basic hair cutting techniques. You will gain further knowledge and a fresh approach to help you fulfil a successful hairdressing career.

COURSE UNITS:

- Health and Safety
- Following correct Health & Safety and salon requirements when cutting hair
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Cutting Tools & Equipment
- Demonstration of how to correctly hold hairdressing scissors by the tutor
- Contra-indications/Contra-actions
- Basic Hair Science
- Cutting Angles
- Treatment Technique and Hair Procedure
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of cuts learnt on their chosen models / manikin, followed by a step by step description of how they achieved the desired cut
- Multiple Choice Test

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BASIC HAIR COLOURING & APPLICATION DIPLOMA

£200.00

DURATION: 8 hours

THEORY: 3.5 hours combined **PRACTICAL:** 3.5 hours combined

ADDITIONAL INFORMATION:

Full hairdressing kit required and manikin. Model required for assessment (model is required for at least one application and technique). Manikin may be used for remaining applications

EXPERIENCE LEVEL REQUIRED:

Level 1 NVQ Hairdressing or our 10 week Taster Hairdressing course completion. This training course will commence at 10:00 until 18:00, allowing one hour lunch break.

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our Basic Hair Colouring & Application one day intense course is aimed at Level 1, or suitably equivalent learners, also for those looking to refresh their knowledge and gain extra confidence. The course will guide you through all the basic colouring applications and techniques. Upon completion of the course you will have knowledge in Wella Professional Colours and the confidence to apply your new skills to your chosen clientele.

COURSE UNITS:

- Health and Safety
- Following correct Health & Safety procedure for each service
- Data Protection Act
- Sterilisation methods
- Client Preparation
- Consultation process
- Colouring Services
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Basic Hair Science
- Colour Star
- Treatment Technique and Hair Procedure
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of colouring applications and techniques learnt on their chosen model/manikin.
- Multiple Choice Tests

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APPLICATION OF FALSE EYELASH EXTENSIONS DIPLOMA

£80.00

DURATION: 6 hours

THEORY: 6 hours combined **PRACTICAL:** 6 hours combined

ADDITIONAL INFORMATION:

Model required for assessment, ½ hour break

EXPERIENCE LEVEL REQUIRED:

No experience required

BASIC EXPECTATIONS:

Required to wear tunic, closed toe shoes, small amount of makeup and neat tidy hair tied back

COURSE DESCRIPTION:

Our one day intense application of false eyelash extensions is aimed at beginners through to professional beauty therapists. This course will provide you with the information and skills required to provide your clients with the perfect set of party or strip eyelashes. Our team of qualified teachers will be at hand to guide you through both practical and theory elements of the course to help you achieve your 'Application of false eyelash extensions Diploma'.

COURSE UNITS:

- Health and Safety
- Legislation
- Sterilisation methods
- Client Preparation
- Tools, Products & Equipment
- Contra-indications/Contra-actions
- Consultation process
- Professionalism
- Basic Science
- Treatment Technique and Eye Treatment Procedure
- Aftercare Advice
- Methods of assessment
- Insurance
- CASE STUDIES - Carry out practical work of theory knowledge gained throughout the course to demonstrate competence of application of lashes on their chosen model.
- Multiple Choice Tests

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CONVERSION GEL/ACRYLIC COURSE

£50.00

DURATION: ½ day **TIME:** 10.00am – 1.00pm

THE FEE: £50.00 (deposit required £30.00)

PRICE INCLUDES:

A certificate of attendance. All products used are provided for the duration of the course.

THE COURSE:

This half day course is for the experienced technician/salon owner who is familiar with other brands of powder and liquid or UV gel wishes to explore the numerous advantages of using NSI products. The course will enable you to try the various systems and our educators will be there to offer their help and advice on each system.

THE REQUIREMENTS:

Students must have at least 3 months experience. Salon wear must be worn, students must have nails free from enhancements to practice on each other and are required to bring their own brush.

THE CONTENT:

- Attraction and Balance Product range
- Natural nail preparation
- Product ratio
- Product pickup
- Product placement



MANICURE COURSE

£100.00

DURATION: 1 day **TIME:** 10.00am – 4.00pm

THE FEE: £100.00 (deposit required £30.00)

PRICE INCLUDES:

A certificate of attendance. All products are provided for the duration of the course. There will be a discount on any SpaRitual products bought on the day.

THE COURSE:

The manicure is one of the most widely practiced beauty rituals; this course covers the entire manicure procedure using the SpaRitual line of products. The course focuses on the natural nail, hand and lower part forearm anatomy and physiology for a comprehensive understanding of the manicure process.

THE REQUIREMENTS:

No experience required. Salon wear must be worn. To ensure maximum practice students will be required to work on each other throughout the day.

THE CONTENT:

- Health & Safety
- The structure of the natural nail
- Client consultation
- Contra-indications
- Nail diseases/disorders
- SpaRitual manicure
- Polish techniques



HOLLYWOOD TOES COURSE

£75.00

DURATION: ½ day **TIME:** 10.00am – 1.30pm

THE FEE: £75.00 (deposit required £30.00)

PRICE INCLUDES:

A certificate of attendance. All products used are provided for the duration of the course. Kits can be purchased on the day.

THE COURSE:

This short course is designed to show the correct application technique of gel to the toe nail, giving clients a permanent French colour finish that won't damage the nail.

THE REQUIREMENTS:

No experience required. Salon wear must be worn and students must bring their own gel brush. No models required as students will work on each other. All polish must be removed from toe nails before attending the class.

THE CONTENT:

- Health & Safety
- Contra-indications
- Equipment required
- Nail preparation
- Gel application
- Maintenance/Removal
- Repairing broken/damaged nails
- Business Building/Pricing



CONVERSION GEL/ACRYLIC COURSE

£50.00

DURATION: ½ day **TIME:** 10.00am – 1.00pm

THE FEE: £50.00

PRICE INCLUDES:

A certificate of attendance. All products used are provided for the duration of the course.

THE COURSE:

This half day course is for the experienced technician/salon owner who is familiar with other brands of powder and liquid or UV gel wishes to explore the numerous advantages of using NSI products. The course will enable you to try the various systems and our educators will be there to offer their help and advice on each system.

THE REQUIREMENTS:

Students must have at least 3 months experience. Salon wear must be worn, students must have nails free from enhancements to practice on each other and are required to bring their own brush.

THE CONTENT:

- Attraction and Balance Product range
- Natural nail preparation
- Product ratio
- Product pickup
- Product placement



PEDICURE COURSE

£100.00

DURATION: 1 day **TIME:** 10.00am – 3.00pm
THE FEE: £100.00 (deposit required £30.00)

PRICE INCLUDES:

A certificate of attendance. All products are provided for the duration of the course. There will be a discount on any SpaRitual products bought on the day.

THE COURSE:

This course covers the entire pedicure procedure using the SpaRitual line of products. The course focuses on the natural nail, foot and lower leg anatomy and physiology for a comprehensive understanding of the pedicure process.

THE REQUIREMENTS:

No experience required. Salon wear must be worn. To ensure maximum practice students will be required to work on each other throughout the day.

THE CONTENT:

- Health & Safety
- The structure of the natural nail
- Client consultation
- Contra-indications
- Nail disease/disorders
- SpaRitual pedicure
- Polish techniques



SCULPTING WORKSHOP ACRYLIC / GEL COURSE

£60.00

DURATION: ½ day **TIME:** 10.00am – 1.00pm
THE FEE: £60.00 (deposit required £30.00)

PRICE INCLUDES:

A certificate of attendance. All products are provided for the duration of the course.

THE COURSE:

This course is designed for existing technicians who wish to build on their application skills. The method of sculpting allows the technician to create strong extensions without the use of a tip.

THE REQUIREMENTS:

Students who attend must hold an NSI Foundation Certificate, or equivalent, and must have at least 6 months experience with gel. Salon wear must be worn, and long hair tied back. Students must bring their own brush. Models will be required from 11:30am (nb: please note models are not guaranteed to have a full set of nails by the end of the session.)

THE CONTENT:

- Nail preparation
- Form application
- Product Placement
- Apex and 'C' Curves
- Perfecting smile lines
- Finishing techniques



WE WORK IN CONJUNCTION WITH:



WHERE TO FIND US

